



CASTrips



*Creativity  
Activity  
Service*

Vienna

[www.CASTrips.org](http://www.CASTrips.org)

# Creativity, Activity & Service

## 5 Day Vienna Itinerary

*Please note this is a provisional program and all activities are subject to change*

### Day 1 – Arrival in Vienna

Activity	Description
<b>Arrival and Transport to Accommodation</b>	A dedicated local CAS Trips leader will greet the group at the airport before traveling to the accommodation.
<b>Check-in and relax</b>	Check-in, relax, and freshen up following the long journey.
<b>Walking Tour</b>	Embark on a journey through the centuries with this introductory tour of Vienna where you will get to see some of the city's most iconic sites and learn about its history as both the seat of the Holy Roman Empire and the capital of the Austro-Hungarian Empire.
<b>Evening Meal</b>	Visit a central restaurant and indulge in delicious foods.

### Day 2 – Service

Activity	Description
<b>Service Challenge: Refugee Assistance</b>	Vienna has seen a large increase in people seeking asylum, with many displaced by the invasion of Ukraine. Today, we will help one of the local refugee aid organizations by sorting and distributing clothes, collecting donations, or assisting with other important tasks.
<b>Lunch</b>	Enjoy a delicious international meal at one of Vienna's many excellent restaurants.

**Service Challenge:  
Homeless Care Kits**

The group rolls up their sleeves to make a contribution to the community by working with a local NGO, assisting in the sorting of donations into care packages to be distributed to those in need.

**Evening Meal**

Dine on a traditional Austrian meal together as a group.

**Reflection  
Workshop**

In groups, and under the careful guidance of our CAS Trips Leaders, students participate in an in-depth reflection session that reviews the experiences and challenges of the trip to inspire students to develop their reflection-building skills.

## Day 3 – Activity & Service

Activity	Description
<b>Service Challenge: Local Bio Farm Visit</b>	Roll up your sleeves and get your hands dirty with a visit to a local organic farm that focuses on community awareness and education as well as animal welfare and sustainable management. Here you will have the chance to learn about agriculture in these contexts and participate in a seasonal workshop or activity, depending on the time of year.
<b>Lunch</b>	Stop for an international meal on your way back into the city.
<b>City Bicycle Tour</b>	Explore even more of Vienna’s spectacular sights with this three-hour bicycle tour, accessible to all ability levels. Did you know the Vienna bicycle network includes over 1,654 kilometers of bike paths? And growing all the time!
<b>Evening Meal</b>	Dine on delicious Austrian cuisine near the hotel.

## Day 4 – Creativity

Activity	Description
<b>Slow Fashion Runway</b>	Vienna offers some great vintage and second-hand shopping. Groups will be challenged to shop within budget to put together an outfit while finding trends to bring back home. Learn about how methods of reduce, reuse, recycle can look good and be affordable.
<b>Lunch</b>	Stop for a delicious lunch near the city center.
<b>MozartHaus Vienna</b>	Take a guided tour of the Mozart House Museum followed by a special 1.5-hour workshop where you will have the chance to make “Mozartkugel” marzipan and nougat chocolates OR learn how to dance like they did in Mozart’s time!
<b>Evening Meal</b>	Enjoy an authentic Austrian meal or international cuisine near the accommodation.

## Day 5 – Departure

Activity	Description
<b>CAS Project Challenge</b>	After an introduction to the UN’s Sustainable Development Goals, students will receive the tools and framework to plan, organize, and engage in a long-term collaborative CAS Project that will have a positive impact on their own community.
<b>Check-Out &amp; Departure</b>	Departing from the accommodation, the group will board the transportation in time for departure.



CASTrips

## Sustainable, Responsible Travel

From striving to become carbon neutral, to preserving local cultures and supporting local economies, we take sustainability seriously. You can read how we challenge ourselves to take responsibility [HERE](#)

In 2021, CAS Trips declared a climate emergency and became a signatory of the [Glasgow Declaration for Climate Action](#).

## Carbon Removal through every CAS Trip

CAS Trips calculates each destination's average carbon footprint using the CARMACAL emissions calculator. As a member of Tomorrow's Air, CAS Trips contributes \$20 for each participant towards the removal and permanent storage of 14kg of carbon. Tomorrow's Air is uniting travelers to support pioneering companies whose nature-tech solutions will help permanently reverse warming [through carbon removal](#).

Read more about the incredible work you will be supporting [HERE](#)

## Safety & well-being

- ✓ Conducting and providing detailed risk assessments
- ✓ Overseeing all tours by our trained, professional trip leaders at all times
- ✓ Ensuring a minimum of 1:20 CAS staff-student ratio
- ✓ Offering 24/7 online support via email ahead of a trip
- ✓ Recording the highest safety and security standards for all third-party bus and rail companies
- ✓ Supplying parents with a full day-by-day trip itinerary including all transport details and 24-hour contact numbers
- ✓ Expecting all participants to maintain adequate travel insurance
- ✓ Complying with all local government requirements in regards to COVID-19
- ✓ All CAS Trips staff are trained in First-Aid and COVID-19 awareness and management



Glasgow Declaration  
Climate Action in Tourism



Have questions or need further information?

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