



CASTrips

Creativity Activity Service

Salzburg

www.CASTrips.org

Creativity, Activity & Service

5 Day Salzburg Itinerary

Please note this is a provisional program and all activities are subject to change

Day 1 – Arrival in Salzburg

Activity	Description
Arrival and Transport to Accommodation	A dedicated local CAS Trips leader will greet the group at the airport before traveling to the accommodation.
Check-in and relax	Check-in, relax, and freshen up following the long journey.
Walking Tour	This introductory tour of Salzburg will showcase the city's history and major sights as the group embarks on a journey through the centuries.
Evening Meal	Enjoy a traditional meal as a group.

Day 2 – Creativity, Activity & Service

Activity	Description
Cultural Immersion Experience	In small teams, students embark upon a scavenger hunt focusing on one of Europe's unique cities - Salzburg. Scale the lows and highs of this small city and take a cultural journey learning about Salzburg's history, monuments, and what makes this city exceptional. Participants also try local delicacies and learn some quirky trivia along the way!
Lunch	Enjoy a tasty lunch.
Community Gardening	Working in collaboration with one of Salzburg's local community action organisations, students meet the people who make this initiative possible and experience the benefits

of community gardening first-hand as they help cultivate the community gardens!

Evening Meal Enjoy international cuisine near the hostel.

Day 3 – Activity, Service

Activity	Description
Service Challenge: Homeless Cooking Donation	Homelessness is a global issue that affects more than 150 million people worldwide in every country on the planet. Partnering with a local charity, students learn about the homeless living in Salzburg and the surrounding area. They then put their culinary skills to the test and as part of this activity they'll prepare and donate a hot meal for homeless in the city.

Lunch Enjoy a packed lunch as a group.

Rope Park Reach new heights and get out into the great nature Salzburg has to offer by climbing around an extensive ropes course complete with 8 different courses of varying difficulties!

Evening Meal Enjoy international cuisine near the hostel.

Day 4 – Creativity & Activity

Activity	Description
Fortress Hohensalzburg Hike & Sketching Workshop	The picturesque Hohensalzburg Fortress sits atop the Festungsberg hill overlooking the beautiful city of Salzburg and offers stunning panoramic views of the surrounding Alps. One of the largest medieval castles in Europe and dating back to the 11th century, this iconic building also provides the perfect backdrop for the 'train your eye' sketching workshop allowing everyone to take in the beautiful views.

Lunch Enjoy a lunch while enjoy the views from the fortress.

**SalzachAuen
Biodiverse
Ecosystem Visit &
Sustainable Design
Challenge**

In teams of 3-5, students are tasked to get creative by investigating and planning a Sustainable Design project that would help to continue the regeneration and re-naturalisation process of the Salzachauen Flood Plain area.

In this 3-part collaborative challenge, students must interview members of the community to help determine their needs, analyse and design a public space that would help alleviate that need and then present their project to the group.

**Reflection
Workshop**

In groups, and under the careful guidance of our CAS Trips Leaders, students participate in an in-depth reflections session, that reviews the experiences and challenges of the trip to inspire students to develop their reflection-building skills.

Evening Meal Dine on a final traditional meal together as a group.

Day 5 – Departure

Activity	Description
CAS Project Challenge	After an introduction to the UN’s Sustainable Development Goals, students will receive the tools and framework to plan, organize, and engage in a long-term collaborative CAS Project that will have a positive impact on their own community.
Souvenir Shopping	Students will have some time to engage in supervised shopping for souvenirs and gifts.
Check-Out & Departure	Departing from the accommodation, the group will board the transportation in time for departure.



CAS Trips

Sustainable, Responsible Travel

From striving to become carbon neutral, to preserving local cultures and supporting local economies, we take sustainability seriously. You can read how we challenge ourselves to take responsibility [HERE](#)

In 2021, CAS Trips declared a climate emergency and became a signatory of the [Glasgow Declaration for Climate Action](#).

Carbon Removal through every CAS Trip

CAS Trips calculates each destination's average carbon footprint using the CARMACAL emissions calculator. As a member of Tomorrow's Air, CAS Trips contributes \$20 for each participant towards the removal and permanent storage of 14kg of carbon. Tomorrow's Air is uniting travelers to support pioneering companies whose nature-tech solutions will help permanently reverse warming [through carbon removal](#).

Read more about the incredible work you will be supporting [HERE](#)

Safety & well-being

- ✓ Conducting and providing detailed risk assessments
- ✓ Overseeing all tours by our trained, professional trip leaders at all times
- ✓ Ensuring a minimum of 1:20 CAS staff-student ratio
- ✓ Offering 24/7 online support via email ahead of a trip
- ✓ Recording the highest safety and security standards for all third-party bus and rail companies
- ✓ Supplying parents with a full day-by-day trip itinerary including all transport details and 24-hour contact numbers
- ✓ Expecting all participants to maintain adequate travel insurance
- ✓ Complying with all local government requirements in regards to COVID-19
- ✓ All CAS Trips staff are trained in First-Aid and COVID-19 awareness and management



Glasgow Declaration
Climate Action in Tourism



Have questions or need further information?

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