



CASTrips

Creativity Activity Service

Berlin

www.CASTrips.org

Creativity, Activity & Service

5 Day Berlin Itinerary

Please note this is a provisional program and all activities are subject to change

Day 1 – Arrival in Berlin

Activity	Description
Arrival and Transport to Accommodation	A dedicated local CAS Trips leader will greet the group at the airport before traveling to the accommodation.
Check-in and relax	Check-in, relax, and freshen up following the long journey.
Historical Walking Tour	This introductory tour of Berlin focuses on the city's explosive history as students embark on a journey through the centuries, with particular focus on 20-21st century history.
Evening Meal	A selection of international cuisine.

Day 2 – Creativity, Activity

Activity	Description
Refugee Tour	<p>On this compelling tour, one brave newcomer to the city of Berlin opens up their heart and world to show participants Berlin through their eyes.</p> <p>Organized by a local social-enterprise, groups will hear the story of what their guide overcame and learn about the realities of day-to-day life in the shoes of a refugee.</p>
Lunch	The tour concludes at a family-run Iraqi restaurant.

**Service Challenge:
Refugee Aid Project**

Meet volunteers and refugee's from one of Berlin's pioneering NGOs who focus on assimilation and integration. The group hears about their experiences, engages in a Q&A session, and discovers the day-to-day realities of voluntary work.

Following this, small teams of students are tasked with creating and planning a long-term refugee aid project on a 'Think Global, Act Local' basis.

Evening Meal

Taste wonderful Asian flavours.

Day 3 – Creativity, Activity & Service

Activity	Description
Service Challenge: Urban Gardening	Students come to understand the benefits of community collaboration and environmental actions as they roll up their sleeves and volunteer at a community garden. Participants are tasked with assisting on current farm projects such as planting, harvesting and farm maintenance.
Lunch	Enjoy wholesome organic food produced at the garden.
Sustainable Design Challenge: Tempelhof Field	Students are introduced to the history and incredible community function of the famous Tempelhof Fields and how it was saved from ruin and industrial development to be turned into a public park. In small teams, students are then challenged to interview locals and design a community project plan based on their findings.
Evening Meal	Visit a central restaurant and indulge in some delicious foods.

Day 4 – Creativity, Activity & Service

Activity	Description
Street Art Workshop	Berlin is a global center for creative urban arts and today we will explore graffiti hotspots and urban design before the group participates in a workshop to experience street art techniques and styles while making their own canvas.
Lunch	The group brings a packed lunch with them.
Urban Treasure Hunt	The group divides up to get to know the city deeper by competing in the scavenger hunt in small teams. The team to complete the most clues correctly will win a tasty prize.
Reflection Workshop	In groups, and under the careful guidance of our CAS Trips Leaders, students participate in an in-depth reflections session that reviews the experiences and challenges of the trip to inspire students to develop their reflection-building skills.
Evening Meal	Enjoy wonderful Turkish food.

Day 5 – Departure

Activity	Description
CAS Project Challenge	After an introduction to the 17 UN Sustainable Development Goals and their tangible targets for the future, participants receive the tools and framework to plan, organize and engage in a long-term collaborative team CAS Project that will have a positive impact on your own community back home.
Souvenir Shopping	Students will have some time to shop for souvenirs and gifts in the center of Berlin.

Check-Out & Departure

Departing from the accommodation, the group will board the transportation in time for departure.





CAS Trips

Sustainable, Responsible Travel

From striving to become carbon neutral, to preserving local cultures and supporting local economies, we take sustainability seriously. You can read how we challenge ourselves to take responsibility [HERE](#)

In 2021, CAS Trips declared a climate emergency and became a signatory of the [Glasgow Declaration for Climate Action](#).

Carbon Removal through every CAS Trip

CAS Trips calculates each destination's average carbon footprint using the CARMACAL emissions calculator. As a member of Tomorrow's Air, CAS Trips contributes \$20 for each participant towards the removal and permanent storage of 14kg of carbon. Tomorrow's Air is uniting travelers to support pioneering companies whose nature-tech solutions will help permanently reverse warming [through carbon removal](#).

Read more about the incredible work you will be supporting [HERE](#)

Safety & well-being

- ✓ Conducting and providing detailed risk assessments
- ✓ Overseeing all tours by our trained, professional trip leaders at all times
- ✓ Ensuring a minimum of 1:20 CAS staff-student ratio
- ✓ Offering 24/7 online support via email ahead of a trip
- ✓ Recording the highest safety and security standards for all third-party bus and rail companies
- ✓ Supplying parents with a full day-by-day trip itinerary including all transport details and 24-hour contact numbers
- ✓ Expecting all participants to maintain adequate travel insurance
- ✓ Complying with all local government requirements in regards to COVID-19
- ✓ All CAS Trips staff are trained in First-Aid and COVID-19 awareness and management



Glasgow Declaration
Climate Action in Tourism



Have questions or need further information?

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