



CASTrips

# *Creativity Activity Service*

## Dubrovnik

Sample Itinerary

[www.CASTrips.org](http://www.CASTrips.org)



# Creativity, Activity & Service

## 5 Day Dubrovnik Itinerary

*Please note this is a provisional program and all activities are subject to change*

### Day 1 – Arrival in Dubrovnik

Activity	Description
<b>Arrival and Transport to Accommodation</b>	A dedicated local CAS Trips leader will greet the group at the airport before traveling to the accommodation.
<b>Check-in and relax</b>	Check-in, relax, and freshen up following the long journey.
<b>Walking tour: Historical Dubrovnik</b>	Enjoy fascinating introduction to the diverse history and culture of Dalmatia in this interactive walking tour through Dubrovnik's ancient streets.
<b>Dubrovnik Scavenger Hunt</b>	The group divides up to get to know the city by competing in the scavenger hunt in small teams.
<b>Evening Meal</b>	Enjoy a traditional meal as a group.

### Day 2 – Creativity, Service

Activity	Description
<b>Service Challenge: Garbage into Art</b>	The students head to the harbour before taking a scenic boat trip to Lopud Island. Due to the adriatic currents here, trash tarnishes Croatia's beautiful coastline. As a group, they'll make a meaningful contribution by collecting rubbish leaving the beaches pristine for future visitors.
<b>Lunch</b>	Eat lunch onboard the boat surrounded by the turquoise waters.

**Service Challenge:  
Garbage into Art  
cont.**

Spend the afternoon by the shore with a local artist where the waste is recycled into different art.

---

**Evening Meal**

Evening meal close to the hostel.

## Day 3 – Creativity, Activity

Activity	Description
----------	-------------

**Day Trip to Mostar**

Participants take a private coach to the neighbouring country of Bosnia. On the journey they learn about the history and reasons behind the recent conflict and how it is still impacting the region and it's people today.

Students learn of the fascinating history of Mostar and cover all its main historical sites on this walking tour.

---

**Lunch**

Enjoy lunch near the famous Mostar Bridge.

---

**Folklore & Culture  
Workshop**

In this hands-on workshop the group visits a local song and dance NGO representing the diverse cultures that make up the Federation of Bosnia and Herzegovina.

---

**Evening Meal**

Return to Dubrovnik for the evening meal.

## Day 4 – Activity, Service

Activity	Description
----------	-------------

**Service Challenge:  
Animal Welfare**

Students volunteer at a local shelter taking care of abandoned and mistreated dogs. There are many different duties including cleaning shelters, feeding animals, dog walking, and assisting in the rehabilitation of traumatized animals. Each task varies depending on students' skills, preferences and level of comfort around dogs.

---

**Lunch**

The group has lunch onsite at our service location.

**Afternoon at the Beach**

Spend a relaxing afternoon at one of Croatia's picturesque beaches.

**Reflection Workshop**

Under the guidance of our CAS Trips Leaders, students participate in an in-depth reflection session to review the experiences and challenges of the trip. Developed to inspire participants, the workshop builds upon students' reflection skills that will be beneficial for the rest of their studies.

**Evening Meal**

Students are given money to select a meal of their choice.

**Day 5 – Departure**

Activity	Description
<p><b>CAS Project Challenge</b></p>	<p>After an introduction to the UN's Sustainable Development Goals, students will receive the tools and framework to plan, organize, and engage in a long-term collaborative CAS Project that will have a positive impact on their own community.</p> <p>For IB students, this can be used as the basis of a CAS Project and for non-IB students, this is the perfect opportunity to ensure your experiences have a long-term positive effect back home.</p>
<p><b>Souvenir Shopping</b></p>	<p>A chance for students to enjoy the incredible shopping opportunities and take home some souvenirs of their trip to this enchanting city.</p>
<p><b>Check-Out &amp; Departure</b></p>	<p>Departing from the accommodation, the group will board the transportation in time for departure.</p>





CAS Trips

## Sustainable, Responsible Travel

From striving to become carbon neutral, to preserving local cultures and supporting local economies, we take sustainability seriously. You can read how we challenge ourselves to take responsibility [HERE](#)

In 2021, CAS Trips declared a climate emergency and became a signatory of the [Glasgow Declaration for Climate Action](#).

## Carbon Removal through every CAS Trip

CAS Trips calculates each destination's average carbon footprint using the CARMACAL emissions calculator. As a member of Tomorrow's Air, CAS Trips contributes \$20 for each participant towards the removal and permanent storage of 14kg of carbon. Tomorrow's Air is uniting travelers to support pioneering companies whose nature-tech solutions will help permanently reverse warming [through carbon removal](#).

Read more about the incredible work you will be supporting [HERE](#)

## Safety & well-being

- ✓ Conducting and providing detailed risk assessments
- ✓ Overseeing all tours by our trained, professional trip leaders at all times
- ✓ Ensuring a minimum of 1:20 CAS staff-student ratio
- ✓ Offering 24/7 online support via email ahead of a trip
- ✓ Recording the highest safety and security standards for all third-party bus and rail companies
- ✓ Supplying parents with a full day-by-day trip itinerary including all transport details and 24-hour contact numbers
- ✓ Expecting all participants to maintain adequate travel insurance
- ✓ Complying with all local government requirements in regards to COVID-19
- ✓ All CAS Trips staff are trained in First-Aid and COVID-19 awareness and management



Glasgow Declaration  
Climate Action in Tourism



Have questions or need further information?

**Get in touch:** [info@castrips.org](mailto:info@castrips.org) or +420 255 71 26 52

